

# WRESTLING INFO

**Summer Show 2024**

**June 8th 2024**

**La Serna High School**



**SIGNUPS START:  
FEBRUARY 15TH**

**SIGNUP DEADLINE:  
APRIL 15TH**



## **WHAT TO WEAR:**

**YELLOW SHOW SHIRT WITH SOLID BLACK BOTTOMS (SHORTS, JOGGERS, SWEATS) WITH WRESTLING SHOES OR BAREFOOT. COME WITH EASY SLIP ON SHOES.**

## **WHAT TO BRING:**

**PERFORMERS DO NOT NEED TO BRING ANYTHING BACKSTAGE.**

## **CALL TIMES:**

**MUST CHECK IN AT "PERFORMER CHECKIN" 30 MINUTES BEFORE THEIR SHOWTIME, READY TO GO!**

## **HAIR & MAKEUP:**

**NEAT HAIR.**



**MORE**

**PRACTICES:**

**WRESTLING WILL PRACTICE THEIR SKILLS IN CLASS.**

**SHOW TIMES:**

**WRESTLING WILL ONLY BE IN 1 SHOW TIME, TENTATIVELY  
4:30PM.**

**PROGRAM SHOUT OUT:**

**YOU CAN GIVE YOUR PERFORMER A SHOUT OUT IN THE  
PROGRAM! LEAVE THEM A MESSAGE AND ADD A PHOTO!  
THESE ARE GREAT SOUVENIRS TO KEEP!**

**GIFTS & EXTRAS**

**WE WILL HAVE FLOWERS, TEDDY BEARS, HOODIES, SNACK  
ETC FOR SALE AT THE SHOW. YOUR PERFORMER WOULD  
LOVE A GIFT AFTER!**

**GENERAL TICKET INFO**



**AFTER PARTY INFO**