

LSC INTEGRITY ALL STARS

JOIN NOW! ALL STAR CHEER

SEASON 10



LIGHTHOUSE SPORTS CENTER
13003 WHITTIER BLVD
WHITTIER CA 90602
(562) 991-4375

LSCCHEER.COM



PRACTICE SCHEDULE

Athletes will be placed on an appropriate team.

Everyone makes a team!

Some athletes can be on multiple teams!

***Subject to change depending on total number of athletes and teams.**

Sparks Tiny Novice

Tuesday: 6:05-7:05pm

Thursday: 6:05-7:05pm

***Flame Tiny Prep** ***CROSS COMPETE ONLY AGES 5-6**

Friday: 6:05-7:05pm

Ignite Youth

Monday: 6:30-8:30pm

Wednesday: 6:30-8:30pm

Wildfire Junior

Tuesday: 6:30-8:30pm

Thursday: 6:30-8:30pm

CHEER IS A TEAM SPORT! PLEASE TURN IN YOUR "ABSENCE REQUEST FORM" BY JULY 31ST. STARTING AUGUST 1ST, MISSED PRACTICES WITHOUT A DOCTOR'S NOTE WILL RESULT IN A \$25 FEE, EXCLUDING DATES REQUESTED OFF ON YOUR FORM + 3 UNEXCUSED ABSENCES.

IF YOU ARE GOING TO MISS A PRACTICE, TEXT THE OFFICE SO THAT WE CAN NOTIFY YOUR COACH.

562-991-4375.

ATHLETES ARE EXPECTED TO COME TO PRACTICE ON TIME AND READY TO WORK HARD. THEY MUST COME IN THE CORRECT PRACTICE UNIFORMS, PROPER SHOES AND HAIR TIED BACK.

WE ENCOURAGE DROP-OFF SO THAT THE ATHLETES DO NOT HAVE DISTRACTIONS. SOME PRACTICES WILL BE CLOSED PRACTICES, THAT ARE DROP OFF ONLY. THIS WILL BE INCLUDED IN THE MONTHLY NEWSLETTER/CALENDAR.

CHEER IS A TEAM SPORT AND YOU ARE PAYING FOR YOUR TEAM PRACTICE. TEAM ATHLETES WILL NOT RECEIVE A MAKEUP TOKEN FOR A MISSED ALL STAR CHEER TEAM PRACTICE. HOLIDAY CLOSURES ARE ALREADY ACCOUNTED FOR IN YOUR TUITION PRICING.

FULL HOLIDAY CLOSURE LIST IS POSTED ON THE HOMEPAGE OF LSCCKIDS.COM UNDER "HOLIDAY CLOSURES," ON IG, A POSTER IN THE GYM & CARDS ARE AVAILABLE AT THE FRONT DESK.

SEASON'S FEE

Breakdown



\$300 Deposit is due by July 8th

Auto-pay will run on the 10th for Season Installments & the 25th for Tuition
\$50 Registration Fee (Anniversary Fee, paid once annually)

COMPETITION PARKING AND SPECTATOR ENTRANCE FEES NOT INCLUDED. FEES ARE NON-REFUNDABLE.
ADDITIONAL ITEMS FOR RETURNERS CAN BE PURCHASED SEPARATELY.
GROSS COMPETITORS ADDITIONAL \$25 A MONTH TUITION & \$100 INSTALLMENT FEES.
USASF MEMBERSHIP ESTIMATE \$60 (PAID TO USASF INDIVIDUALLY)

PAYMENT OPTION #1 - 4 MONTH PLAN

\$300 DEPOSIT
(DUE BY JULY 8TH)

\$400 COMPETITION UNIFORM
(DUE AUGUST 10TH)

\$250/MONTH
SEPTEMBER - DECEMBER
+ MONTHLY TUITION

PAYMENT OPTION #2 - 7 MONTH PLAN

\$300 DEPOSIT
(DUE BY JULY 8TH)

\$400 COMPETITION UNIFORM
(DUE AUGUST 10TH)

\$145/MONTH
SEPTEMBER - MARCH
+ MONTHLY TUITION

PAYMENT OPTION #3 - FULL PAYMENT

FULL PAYMENT \$1690
(DUE BY JULY 8TH)
+ MONTHLY TUITION

RETURNERS

\$150 DEPOSIT
(DUE BY JULY 8TH)
\$175/MONTH
AUGUST - DECEMBER
+ MONTHLY TUITION

***FLAME: \$60 FOR AN EXTRA PRACTICE UNIFORM**

TUITION
SPARKS - \$123/MONTH
IGNITE - \$135/MONTH
WILDFIRE - \$135/MONTH

***SIBLING DISCOUNT: \$50 OFF TUITION FOR SIBLINGS**

INSTALLMENTS INCLUDE EVERYTHING THAT IS NOT TUITION. THESE FEES WILL BE DUE ON THE 10TH THROUGH A DIFFERENT CARD SERVICE THAN THE NORMAL LSC PARENT PORTAL/ICP APP.

EVERY MONTH ON THE 10TH - INSTALLMENTS DUE.

EVERY MONTH ON THE 25TH - TUITION DUE.

YOU ARE COMMITTING TO THE ENTIRE SEASON AND WILL BE HELD ACCOUNTABLE FOR YOUR FULL BILL.

INSTALLMENTS AND TUITION ARE NON-REFUNDABLE.

TUITION IS PAID MONTHLY THROUGH THE PARENT PORTAL. TUITION COVERS THE EXPENSE OF THE COACHES AND FACILITY. "BILLING POLICIES" ARE LOCATED ON YOUR PARENT PORTAL. YOU ARE EXPECTED TO READ AND UNDERSTAND THE POLICIES.

DO NOT ASK PARENTS FOR MONEY FOR EXTRA GIFTS/ACTIVITIES WITHOUT SHEREE'S APPROVAL.



SEASON'S FEE

Breakdown

WHATS INCLUDED?? INSTALLMENTS

NEW ATHLETES

- Competition Uniform
- Competition Shoes
- Competition Bow/Scrunchies
- Competition Music
- Practice Uniforms
- Warm-Up Jacket & Pants
- Personalized Backpack
- Parent Shirt
- Personalized Makeup Bag
- Eyelashes & Glue
- Lipstick & Liner
- Eye Glitters
- Whittier Christmas Parade
- Christmas Party
- Awards Banquet - Dessert & Awards
- 5 Competitions!
- Lots of FUN MEMORIES!

ALL TEAMS

2 Practice Uniforms

FLAME

1 Extra Practice Uniform

RETURNERS

Competition Shoes
Competition Bow/Scrunchies
Competition Music
Practice Uniforms
Eyelashes & Glue
Whittier Christmas Parade
Christmas Party
Awards Banquet - Dessert & Awards
5 Competitions!
Lots of FUN MEMORIES!

COMPETITIONS & MANDATORY EVENTS

MARK YOUR CALENDARS MANDATORY CHEER COMPS

**Subject to change. Additional dates and activities will be given with notice.*

January 27-28 WCC Hollywood
February 24 SHARP Universal Studios
March 9-10 WCC Vegas
April 14 SHARP Knott's Berry Farm
May 4 SHARP LA County Fair

MANDATORY EVENTS

July 8 2023 Parent Meeting & Fittings
December 2 2023 Holiday Showcase
December 9 2023 Whitter Christmas Parade
June 2024 Awards Banquet
June 8 2024 Summer Show

** All competitions subject to change
* It is completely unacceptable to miss a competition*

FUNDRAISERS

All fundraisers are optional but encouraged.
1 fundraiser will be for LSC with a minimum profit of \$150.

 *Other
Activities*

BONDING ACTIVITIES

OCTOBER 28 2023 TRUNK OR TREAT
DECEMBER 15 2023 CHRISTMAS PARTY
FEBRUARY 10 2024 VALENTINES PARTY
JUNE 2024 BEACH PARTY

PARENT MEETING/QUARTERLY UPDATES

JULY 8 2023 PARENT MEETING
OCTOBER 2023 PARENT MEETING
JANUARY 2024 PARENT MEETING
APRIL 2024 PARENT MEETING
JULY 13 2024 PARENT MEETING

***BOOTCAMPs, CAMPS & CLINICS
TO BE ANNOUNCED***

COMPETITIONS

MARK YOUR CALENDARS OUT OF STATE COMP

MARCH 9-10 WCC VEGAS CROWN

THE COSTS OF INDIVIDUAL TRAVEL, HOTEL, FOOD & OTHER EXPENSES ARE NOT INCLUDED IN OUR PRICING. ENTRY FEES MAY BE MORE EXPENSIVE FOR 2 DAY COMPETITIONS.

COMPETITION RULES

WE WANT THE ATHLETES TO ENJOY THEMSELVES AND HAVE FUN AT COMPETITIONS! COMPS SHOULD BRING THE ATHLETES CLOSER AND HELP PARENTS TO BOND. WE DO ASK THAT YOU REPRESENT LSC IN A POSITIVE LIGHT AND BE RESPECTFUL TO THE COMPETITION STAFF AND OTHER TEAMS/PARENTS. PLEASE BE AWARE OF YOUR ACTIONS AND WORDS.

PARENTS, PLEASE REMAIN IN THE SPECTATOR AREA, OR IN FRONT OF THE STAGE WHILE THE TEAM IS "ON DECK" TO ALLOW THE TEAM TO FOCUS BEFORE THEY PERFORM.

IT IS COMPLETELY UNACCEPTABLE TO MISS A COMPETITION

FEES FOR MISSING:

\$250 FOR MISSING A COMPETITION

\$50 FOR MISSING A PRACTICE THE WEEK OF A COMPETITION

\$25 FOR BEING 30+ MINUTES LATE TO A COMPETITION

ATHLETES WILL WATCH OTHER LSC TEAMS PERFORM AND STAY FOR AWARDS.

**ANY LSC GEAR MUST BE APPROVED BY SHEREE BEFORE IT CAN BE MADE AND WORN TO AN EVENT.
THE LSC LOGO MAY NOT BE USED WITHOUT SHEREE'S PERMISSION.**

LOOKING AHEAD

STARTING MAY 6 2024, ATHLETES WILL FOCUS ON NEXT LEVEL SKILLS TO HELP THE TEAMS ADVANCE.

MAY 6-JUNE 8 2024: ATHLETES ARE WORKING NEXT LEVEL SKILLS AND CHOREOGRAPHY FOR THE SUMMER SHOW.

JUNE 10 - JULY 2024: ATHLETES WILL BE EVALUATED TO BE PLACED ON NEW TEAMS OR TO LEVEL UP THE WHOLE TEAM.

JULY 13: \$150 DEPOSIT FOR NEW 2024-2025 PRACTICE UNIFORMS DUE & NEW TEAM PLACEMENTS ANNOUNCED.

IN JULY: NEW UNIFORMS CAN BE PURCHASED IF ATHLETES HAS GROWN OUT OF THEM.

GOALS:

SPARKS AGES 3-6 - TINY NOVICE NON-TUMBLING —→ **AGES 5-7 - TINY PREP LEVEL 1.1 *HAVE TO BE 5 BY JULY**
IGNITE AGES 6-9 - MINI PREP LEVEL 1.1 —→ **AGES 6-9- MINI PREP LEVEL 2.1 OR LEVEL 2**
WILDFIRE AGES 8-14 -JUNIOR LEVEL 1.1 —→ **AGES 8-14 -JUNIOR LEVEL 2.1 OR LEVEL 2**

CONTACT

**PLEASE CONTACT COACHING TEAM THROUGH OUR OFFICE AND
NOT ON THEIR PERSONAL DEVICES.**

YOU CAN REACH YOUR COACHING TEAM AT CHEER@LIGHTHOUSESPORTSCENTER.COM

CREATIVE DIRECTOR & CHEER ADVISOR SHEREE FREUND
SHEREE@LIGHTHOUSESPORTSCENTER.COM

DIRECTOR OF OPERATIONS NATHANIEL FREUND
NATHAN@LIGHTHOUSESPORTSCENTER.COM

LSC OFFICE PHONE 562-991-4375

**You will also receive texts from our Class Management Software, iClassPro.
iClassPro will come from # 562-273-1047, this is a DO NOT REPLY #**

POLICIES & INFORMATION

AUTOPAY WILL RUN ON THE 10TH EACH MONTH FOR INSTALLMENTS AND ON THE 25TH EACH MONTH FOR TUITION. THERE IS A \$25 LATE FEE FOR ANY PAYMENT NOT MADE WITHIN 5 DAYS OF THE DUE DATE. A VALID CARD WILL REMAIN ON FILE AND WILL BE RECORDED ON THE DOCUSIGN AGREEMENT.

I AM FINANCIALLY RESPONSIBLE FOR THE SEASON. FEES ARE NOT REFUNDABLE. ANY BANK CHARGEBACK OR RETURNED PAYMENT WILL INQUIRE A FEE.

IF I FALL BEHIND ON MY BILL, I WILL RECEIVE UP TO 2 NOTICES BEFORE ACTION WILL BE TAKEN TO REMOVE MY ATHLETE FROM A COMPETITION, EVENT OR PRACTICES. I UNDERSTAND THAT I WILL NOT BE ABLE TO PERFORM IN A COMPETITION OR EVENT IF MY BILL IS BEHIND.

I UNDERSTAND THAT ONE FUNDRASIER WILL BE FOR LSC AND NOT FOR MY INDIVIDUAL ACCOUNT. I MUST REACH THE MINIMUM PROFIT AMOUNT OF \$150 OR I WILL "BUY-OUT" THAT AMOUNT OR DIFFERENCE.

I UNDERSTAND THAT IF I MISS MORE THAN THE ALLOWED PRACTICES, AM LATE TO A COMPETITION OR MISS A COMPETITION, I WILL BE CHARGED.

I AM RESPONSIBLE TO READ THE PARENT PORTAL POLICIES AND ABIDE BY THEM. I AM REQUIRED TO SIGN THE DOCUSIGN AGREEMENT TO BE ON THE TEAM.

I WILL BE KIND AND RESPECTFUL TO ALL ATHLETES, TEAM MEMBERS, PARENTS, LSC STAFF AND OTHER LSC FAMILIES. I AM REPRESENTING LSC AND WILL BE CAUTIOUS WITH MY WORDS AND ACTIONS. THERE IS NO TOLERANCE FOR GOSSIPING, NEGATIVE TALK OR LOUD/INAPPROPRIATE LANGUAGE IN THE GYM, AT COMPETITIONS AND IN GROUP CHATS.

I WILL VOLUNTEER 5 HOURS OF MY TIME THIS SEASON FOR LSC NEEDS. I ALSO UNDERSTAND THAT I MAY NOT VOLUNTEER MORE TIME OR RESOURCES TO BARGAIN FOR SPECIAL TREATMENT OR DISCOUNTS.

I UNDERSTAND THAT I MUST TEXT THE LSC OFFICE IF I AM GOING TO MISS PRACTICE.

I UNDERSTAND THAT I WILL NOT GET MAKEUP TOKENS FOR MISSING PRACTICE.

I WILL INFORM SHEREE OR LSC STAFF AS SOON AS THERE IS A CONCERN OR ISSUE SO THAT IT IS EASIER TO COME TO A SOLUTION OR AGREEMENT.